

# Do I Have Diabetes?

Type of Test	Fasting Blood Sugar Test at least 8 hours without food	Oral Glucose Tolerance Test taken 2 hours after a glucose drink	Random/ Non-Fasting Taken any time of day without fasting	A1C Average level of blood sugar over past 2-3 months
Ideal/ Normal	99 mg/dl and below	140 mg/dl and below	140 mg/dl and below <small>(even after a large meal)</small>	below 5.7%
Pre-Diabetes	100-125 mg/dl	140-199 mg/dl	140-199 mg/dl	5.7 to 6.4%
Diabetes	126 mg/dl and above	200 mg/dl and above	200 mg/dl and above	6.5% and above